Building on Foundations for Eternal Life

Audiobook contents, section start times and time durations

Start-Time	Section & Section Time Duration
0:00	Opening Credits - 1:42
1:42	Preface - 4:00
5:42	Introduction - 3:00
8:42	PART 1: From Truth to Wisdom - 1:55
10:38	Ch. 1: Truth - 5:03
15:41	Ch. 2: Knowledge - 3:29
19:10	Ch. 3: Understanding - 3:13
22:24	Ch. 4: Wisdom & Faith - 21:20
23:48	Wisdom
32:37	Faith
43:44	Ch. 5: Growing in Wisdom & Faith - 1:00:43
48:00	Chapter Summary
50:22	Please Understand
52:48	Knowledge Is Just a Starting Point
54:30	Acknowledge and Respect God
55:34	Know You Can Be Deceived
56:35	Know Your Need
57:57	Be Honest with God
1:00:28	Understanding Comes from God
1:03:04	Ask God for Understanding
1:05:41	The Holy Spirit
1:08:55	Look to Scripture
1:11:39	Do It, and Know
1:12:39	Delight in Understanding & Wisdom
1:17:01	Gifted Teachers
1:18:31	Good Relationships
1:19:43	Listen to Advice
1:20:28	Different Viewpoints
1:22:08	Observation and Reason

1:27:21	Not by Worldly Learning and Philosophy
1:29:12	Don't Reject Truth
1:31:50	Don't Be Proud
1:33:03	Affliction and Suffering
1:35:33	Wisdom Makes Right Choices
1:39:36	Wisdom Chooses God's Way
1:42:02	Jesus
1:44:28	PART 2: Understanding Deception - 1:17
1:45:46	Ch. 6: "Deceived" - 3:19
1:49:05	Ch. 7: You Can Be Deceived - 5:23
1:54:28	Ch. 8: "Don't Be Deceived" - 3:39
1:58:07	Ch. 9: Darkness or Light? - 9:34
1:59:41	Those in Darkness Can't See
2:01:33	Light Comes from God
2:03:57	Jesus' Followers Are in Light
2:05:19	People Who Do Evil Hate the Light
2:05:57	Light and Darkness Don't Mix Well
2:06:43	Expose Works of Darkness
2:07:42	Ch. 10: Spirits of Deception - 20:47
2:08:40	A United Kingdom
2:10:16	The Devil Deceives
2:12:25	The Devil's Purpose in Deception
2:16:23	Evil Spirits
2:28:29	Ch. 11: Deceivers Among Us - 8:25
2:36:55	Ch. 12: Passivity - 11:59
2:40:45	Other Religious Perspectives
2:43:13	"Let Go and Let God"?
2:43:49	"No Longer I That Live"?
2:46:09	"It Is God Who Works in You"
2:47:50	"Walk in a Manner Worthy"
2:48:54	Ch. 13: A Neutral Attitude - 10:39
2:54:21	The Man Born Blind

2:59:33	Ch. 14: Deception Goes Both Ways - 17:58
3:17:32	Ch. 15: "Heresy" - 5:23
3:22:56	Ch. 16: Test All Things - 7:44
3:30:40	PART 3: Flesh or Spirit? - 1:35
3:32:15	Ch. 17: Spirit, Soul, Body - 7:02
3:39:18	Ch. 18: The Flesh - 8:20
3:47:39	Ch. 19: The Spirit - 9:36
3:57:15	Ch. 20: Spirit and Flesh in Conflict - 19:58
4:17:14	Ch. 21: Other Perspectives - 11:37
4:28:52	PART 4: Common Deceptions - 2:49
4:31:42	Ch. 22: Truth and Scripture - 14:52
4:32:34	Truth Does Not Exist
4:34:11	Absolute Truth Does Not Exist
4:35:16	Truth Changes with Time
4:38:21	Old Scripture Is Irrelevant Today
4:40:59	New Revelation Supersedes the Old.
4:43:00	Scripture Has Been Changed
4:46:34	Ch. 23: God - 12:03
4:47:10	No God (Naturalism)
4:47:44	Many Gods (Polytheism)
4:52:29	All Is God (Pantheism)
4:53:10	God Not Personal
4:54:51	God Not Good
4:56:37	All Paths Lead to God
4:58:37	Ch. 24: Jesus - 19:33
4:59:19	Jesus Not the Christ
5:00:04	Didn't Come in the Flesh
5:02:02	Didn't Exist
5:02:20	Didn't Die
5:03:15	Didn't Rise
5:05:25	Not Exalted
5:14:47	Won't Come Again

5:16:48	Other Christs
5:18:11	Ch. 25: Sin - 17:20
5:23:16	No Sin
5:24:34	Moral Relativism
5:27:38	All Sins Are Equal
5:30:23	No Deliverance from Sin
5:32:27	No Consequences
5:35:31	Ch. 26: Salvation - 27:56
5:36:19	Good Works
5:38:49	Self-Denial
5:43:12	Legalism
5:49:26	Church Membership
5:50:22	Faith and Repentance
5:57:19	Not for All
6:03:27	Ch. 27: Self - 29:31
6:04:06	Selfishness
6:06:29	Pride or Humility?
6:10:11	Individualism
6:15:06	Greed / Money
6:17:55	Fear
6:25:30	Free Will?
6:32:59	Ch. 28: Prosperity - 24.20
6:33:58	Gain Is Godliness
6:36:37	Godliness Is a Means of Gain
6:42:31	A New-Covenant Perspective
6:53:41	Godliness with Contentment
6:55:02	A Living Hope
6:57:19	Ch. 29: Science - 12:31
6:57:47	Hard and Soft Science
7:00:59	Naturalism
7:03:05	Microevolution and Macroevolution
7:05:29	Creation or Evolution?

7:08:44	Science, Philosophy, or Religion?
7:09:51	Ch. 30: Division - 22:13
7:13:10	What Is Unity Based On?
7:18:33	One Body
7:20:11	Disputable Matters
7:22:58	Secondary Issues
7:26:57	Heresy
7:27:32	Our Way Is the Only Way!
7:29:46	Division or Love?
7:32:05	Ch. 31: Do Not Judge - 14:55
7:34:30	Right Distinctions
7:37:15	We Condemn Ourselves
7:38:30	Don't Judge Motives
7:40:43	Only Judge Actions
7:43:11	Discern Evil and Avoid Evil
7:44:16	Jesus Will Judge
7:45:30	Don't Take Revenge
7:47:01	Ch. 32: The Holy Spirit - 1:34:38
7:49:27	Receive the Holy Spirit
7:56:11	Filled with the Holy Spirit
8:08:22	"Baptize"
8:15:12	Jewish Baptisms
8:21:56	Baptized in the Holy Spirit
8:37:10	Spiritual Gifts
8:44:27	Speaking in Tongues
8:53:59	Controlling or Empowering?
8:57:03	A Second Blessing?
9:19:26	Benefits of the Holy Spirit
9:21:39	Ch. 33: God Told Me - 59:06
9:22:13	Ways God Has Spoken
9:50:06	Has God Stopped Speaking?
9:53:40	What Is Normal and Common?

10:02:02	Clarity and Certainty
10:09:03	Thoughts and Impressions
10:10:57	Consider Other Possible Sources
10:13:58	Discerning the Difference
10:15:29	Learning from History
10:16:33	Growing Up
10:17:50	My Experience
10:20:47	Ch. 34: Mishandling Scripture - 54:00
10:21:33	Knowledge, Understanding, or Wisdom?
10:22:48	God's Viewpoint
10:25:48	By Example or Teaching?
10:28:54	Is It Applicable?
10:32:37	Context and Culture
10:38:55	Scripture or Tradition?
10:42:35	Translation Problems
10:53:24	Compare Scripture with Scripture
10:59:01	Reading into Scripture
11:07:37	Don't Oversimplify
11:15:14	Ch. 35: The Kingdom of God - 35:01
11:21:24	What Is "the Kingdom of God"?
11:24:42	Other Kingdoms and Governments
11:31:58	Living Under Existing Governments
11:36:04	Entering the Kingdom
11:38:56	Living in the Kingdom
11:50:16	Closing Credits - 1:44